

Adult Teachers
Sabbath School
Bible Study Guide
April | May | June 2026

GROWING IN A RELATIONSHIP WITH GOD

TO KNOW GOD

Lesson 2 Study Notes[ABSG-2-2026]

April 4 - 10

Disclaimer

These notes are prepared to support personal and group Bible study. While written with care and in harmony with Scripture, the Sabbath School Quarterly Guide, and the Spirit of Prophecy, they are not an official publication of the Sabbath School Department of the General Conference of Seventh-day Adventist Church. The Reader is encouraged to rely first on the Bible, together with the Sabbath School Quarterly Guide and the Spirit of Prophecy writings.

Lesson 2 [April 4 - 10]: Understanding the Memory Text

“And this is **eternal life**, that they may **know** You, the **only true God**, and **Jesus Christ** whom You have sent.” ([John 17:3](#), NKJV)

- This lesson is about **knowing God**.
- From the beginning, **Satan** has tried to **confuse** people about who God is.
- He wants us to **doubt** God’s **love** and **character**.
- But **Jesus** makes it clear: **Eternal life** is found in **knowing God and Jesus Christ**.

“And this is eternal life...”

- **Eternal life** is **not** just living forever.
- It is a **new life** that **begins now** and **continues forever**.
- This life comes **only from God**.

“...that they may know You...”

- To **know God** is **more** than knowing **facts**.
- It means having a **personal relationship** with Him:
 - **Talking** to Him in **prayer**
 - **Listening** through His **Word**
 - **Walking** with Him **daily**
- This relationship is the **source of life**.

“...the only true God...”

- There is **only one true God**.
- He is both **powerful** and **personal**:
 - The **Creator** of all things ([Genesis 1:1](#))
 - The One who **formed man** and gave him **life** ([Genesis 2:7](#))
 - He is **holy**—and He is **love** ([1 John 4:8](#)).
- **Satan** tries to **distort** God’s character, but the **Bible** reveals the **truth**.

“...and Jesus Christ whom You have sent.”

- We **cannot** know God **without Jesus**.
- **Jesus** reveals the **Father**. “He who has seen Me has seen the Father” ([John 14:9](#)).
- Through **Jesus**, we receive **forgiveness**, **new life**, and a **restored relationship** with **God**.

What This Means for You

- **Eternal life** is found **only** in **knowing God** through **Jesus**.
- Start building that relationship **today**.
- Spend time with Him **daily** in **prayer** and His **Word**.
- This lesson on [Understanding John 17:3](#) teaches one **clear truth**: **Eternal life** is **not** just a **future reward**—it is **knowing God and Jesus Christ now**, and **forever**.

April 4: Sabbath Afternoon - Overview

Summary

- What comes to your mind when you think about **God**? Is it **clear**—or **confusing**?
- This week helps us understand that **knowing God** is the foundation of a **true relationship** with Him.
- **Eternal life** is **not** just about living forever—it is about knowing God **personally**.
- Many people today misunderstand God's **character**, and this affects how they relate to Him.
- From the beginning, **Satan** has tried to **distort** who God is and make Him seem **untrustworthy**.
- That is why we must go back to the **Bible** to see the **true picture** of God.
- The Bible reveals that God is **holy, loving, powerful, wise**, and deeply **personal**.
- Even though we cannot fully understand everything about God, we can truly **know** Him.
- The more we understand His **character**, the more we will **love** Him and desire to be **close** to Him.
- God's character of **love** is the final **message** the world needs to see—and it should be seen through **us**.

Main Points to Learn This Week

Sunday: We will learn why having the **right picture** of God matters.

Satan **distorts** God's character, but the **Bible** shows us the **truth**.

Monday: We will see that God is **holy**.

He is completely **pure, good**, and separate from all **sin**.

Tuesday: We will discover that God is **love**.

His love is **perfect, personal**, and fully revealed in **Jesus**.

Wednesday: We will learn what creation reveals about **God**.

The **powerful Creator** is also **close** and personal with His people.

Thursday: We will see that **Jesus** shows us who God really is.

When we look at **Jesus**, we see the Father's **heart** clearly.

This **Lesson 2 overview** shows that **eternal life** begins with knowing **God**. When we understand His true **character**, we are drawn **closer** to Him and learn to trust Him more **deeply**.

April 5: Sunday - A Clearer Picture of God

Read: Genesis 1:1; Isaiah 46:9–10; Romans 2:4; John 11:25

Summary

- The **Bible** gives the clearest and most complete picture of **God**.
- It reveals who God is, what He is like, and what He **does**.
- Through **Scripture** and **Jesus**, God makes Himself known to us.
- The Bible shows many aspects of God's **character**:
 - He is **powerful** and in control.
 - He knows **all things**.
 - He is **just** and **fair**.
 - He is **merciful**, **patient**, and **loving**.
 - He **forgives** and gives **grace**.
 - He has a **purpose** and **plan** for our lives.
- The more we know God, the more we will **love** Him.
- Knowing God leads to a **closer** and **deeper** relationship with Him.
- **Satan's** main goal is to **distort** God's character.
- He wants people to **doubt** God's **goodness** and **trustworthiness**.
- False ideas about God lead people **away** from Him.
- The great controversy is centered on God's **character**.
- The plan of **salvation** reveals God's **love** and **justice**.
- **Christ's death** proves that God is both **loving** and **righteous**.
- God's character is to be seen in the **lives** of His people.
- As we know Him, we begin to **reflect** His love and goodness.

Question

- Why is it important to have a **correct understanding** of God's **character**?

Answer

- Because knowing who God truly is helps us **trust** Him, **love** Him, and build a **real relationship** with Him.

Reflection

- What picture of **God** do you have, and is it shaped by the **Bible** or by other **influences**?

Takeaway

- The **clearer** we see God's true **character**, the **deeper** our **love** and **trust** in Him will grow.

April 6: Monday - God Is Holy

Read: Leviticus 20:26; 1 Samuel 2:2; Isaiah 57:15; Ezekiel 38:23

Summary

- **Holiness** is at the center of God's **character**.
- It means God is completely **pure** and separated from **sin**.
- There is no **evil**, **selfishness**, or wrong in Him.
- God is perfectly **good** in all His ways.
- His **love** is pure and unselfish.
- His **knowledge** and **power** are guided by **goodness**.
- Because He is **holy**, we can **trust** Him fully.
- Without **holiness**, God's power would be **fearful**.
- **But** because He is holy, He is **safe** to love and trust.
- When people encountered God, they felt their **unworthiness**.
- They responded with **humility**, **reverence**, and **awe**.
- God's holiness reveals our need for **cleansing** and **change**.
- God calls His people to be **holy** like Him.
- Holiness in us comes through **faith** in **Christ**.
- It involves **surrender**, **obedience**, and a **transformed life**.
- True **sanctification** is **not** instant but a lifelong process.
- It requires daily dying to **sin** and living for **Christ**.
- It is shown through **love**, **patience**, and **faithful service**.

Question

- What does it mean that God is **holy**, and how should we **respond**?

Answer

- God is completely **pure** and **good**, and we respond with **reverence**, **surrender**, and a desire to **reflect** His character in our lives.

Reflection

- How does God's **holiness** challenge the way you **live** and shape your **character**?

Takeaway

- God's **holiness** calls us to a life of continual **surrender** and **transformation** through **Christ**.

April 7: Tuesday - God Is Love

Read: 1 John 4:7–19; John 3:16; Romans 5:8

Summary

- The **Bible** declares that God is **love**.
- Love is **not** just what God **does**; it is who He **is**.
- Our **understanding** of love must come from **God**, **not** human **ideas**.
- God's love is **perfect**, **pure**, and **unselfish**.
- It is **faithful**, **constant**, and deeply **relational**.
- He invites us to **abide** in His love and live in **connection** with Him.
- God **created** us to **love** and to be **loved**.
- His love includes **care**, **loyalty**, **patience**, and **kindness**.
- God **reveals** His character through His **names** and **actions**.
- He is a **personal** God who **provides**, **leads**, and **cares** for His people.
- The **greatest proof** of God's love is the **gift** of **Jesus**.
- **Christ** came, lived, and died to **save sinners**.
- His **sacrifice** shows the **depth** of God's love for **humanity**.
- **Jesus** revealed God's character and **drew** people to Him.
- Through **Christ**, the **separation** caused by **sin** is **removed**.
- The **more** we know God's love, the **more** we will love Him.
- His love should be **reflected** in our **lives** and **relationships**.

Question

- What does it mean that God is **love**?

Answer

- It means that **everything** God does is guided by **perfect**, **selfless love**, and He invites us to live in that same **love**.

Reflection

- How does your **understanding** of God's love shape the way you **treat** others?

Takeaway

- God's **love** is the **foundation** of our **faith**—**receive** it, live in it, and **reflect** it to others.

April 8: Wednesday - God in Creation

Read: Genesis 1:1; 2:7; Acts 17:27–28; Job 36–39

Summary

- The **Bible** presents God as both **powerful** and **personal**.
- In **Genesis 1**, God is **Elohim**—the **all-powerful Creator** of **everything**.
- He **speaks**, and creation comes into **existence**.
- In **Genesis 2**, God is **Yahweh**—a **personal** and **close** God.
- He **forms** man with His **hands** and gives him **life**.
- This shows God's **nearness** and **care** for **humanity**.
- God is both **great** and **close** at the same time.
- He **rules** over all creation but is **near** to each one of us.
- In Him we **live, move**, and have our **being**.
- **Nature** and **creation** reveal God's **character**.
- His **power, wisdom**, and **care** are seen in everything around us.
- Creation shows that God **provides, sustains**, and cares for **life**.
- God is **not** distant or **uncaring**.
- He **understands** our struggles and desires a **relationship** with us.
- Through **Jesus**, we see clearly that God is **close** to **humanity**.
- A **balanced view** of God is **important**.
- We must see both His **greatness** and His **closeness**.
- The **more** we know Him, the **more** we will **love** and **trust** Him.

Question

- What do the names **Elohim** and **Yahweh** teach us about **God**?

Answer

- They show that God is both **all-powerful** over creation and deeply **personal, close**, and **caring** toward us.

Reflection

- Do you relate to God more as **powerful** or as **personal**—and how can you grow in seeing **both**?

Takeaway

- God is both **mighty Creator** and **loving Father**—He **rules** the universe yet draws **near** to you **personally**.

April 9: Thursday - Immanuel, God with Us

Read: John 14:9; Matthew 1:23; 28:20

Summary

- The **clearest picture** of God is seen in **Jesus**.
- **Jesus** shows us exactly what God is like.
- If we want to **know** God, we must **look** at Jesus.
- **Jesus** revealed God through His **life, words, and actions**.
- His **love, kindness, and sacrifice** show the Father's **character**.
- His **death and resurrection** reveal God's **deep love** for us.
- The **four Gospels** help us understand Jesus **better**:
- **Matthew** shows Him as the **promised Messiah**.
- **Mark** shows His **life of service and sacrifice**.
- **Luke** shows His **compassion and humanity**.
- **John** shows Him as the **Son of God**.
- The name **Immanuel** means **"God with us."**
- This shows that God is **not** distant—He is **near**.
- God came to **live** among us through **Jesus**.
- **Jesus** also promised, **"I am with you always."**
- This means God is **still with us today**.
- He is **present** in our **daily lives**.
- God's character is **love** that **gives and serves**.
- Through **Jesus**, we see that God lives to **bless** others.
- We will continue **learning** about God **forever**.
- His character is too **great** to fully **understand** now.

Question

- Why is **Jesus** the **best way** to understand God's **character**?

Answer

- Because **Jesus** reveals God **perfectly**—His **life** shows us exactly what God is like.

Reflection

- When you **look** at **Jesus**, what do you **learn** about how God **relates** to you?

Takeaway

- **Jesus** is **"God with us"**—through Him, we clearly see God's **love, presence, and character**.

April 10: Friday - Further Thought

Read: Testimonies for the Church, p. 740 by Ellen G. White

Summary

- God wants us to **know** Him **personally**.
- We understand Him best through the **Bible** and through **Jesus**.
- **God's love** is **deeper** than we can fully understand.
- We can **study** it all our lives and still not reach its **end**.
- But as we **study**, we understand Him **more and more**.
- **Satan** tries to **confuse** our understanding of **God's character**.
- But **God** reveals Himself **clearly** through His **Word**.
- A **true knowledge** of God **changes** our lives.
- It helps us **love** Him and **trust** Him more.
- **God** calls His people to **reflect** His **character**.
- He calls us to live **holy lives**.
- **Holiness** means living a life **set apart** for God.
- It includes **obedience**, **purity**, and **daily surrender**.
- We grow **spiritually** as we continue **learning** about God.
- A **clear picture** of God helps us build a **strong relationship** with Him.

Question

- Why is it important to have a **clear understanding** of **God's character**?

Answer

- Because **knowing God correctly** helps us **trust** Him, **love** Him, and **reflect** His character in our lives.

Reflection

- Which **attribute** of God has most **changed** how you see Him—and how will you **respond**?

Takeaway

- The more we **know** God, the more we **love** Him—and the more our lives **reflect** His character.